

Joyful Athess to Love We See. We Listen. We Must Act.

Our world is facing many hardships and those most vulnerable are experiencing pain and suffering. Even those currently employed who were holding their own may now find themselves struggling. The insecurity that follows can affect every element of their lives, and their futures.

A parent struggling may work two jobs and long hours just to keep the lights on. Daily survival leaves little time or energy for proper rest or time with their family.

A child who lacks a nourishing breakfast or an adequate lunch has trouble concentrating at school.

A minimum wage earner may have to choose buying gas or bus fare to get to work over purchasing food or paying bills.

They need us to help change their circumstances and create opportunities for a better life.

The Sisters of Charity-Halifax are listening and responding to the cries of the poor. By making a donation, you are helping us provide solutions, alleviate suffering, and spread hope and joy.

I would like to share these few examples of our Sisters in action helping those in need:

**St. John's Bread & Life – Queens, NY –** For nearly 20 years our Sisters have been involved in supporting and working at St. John's Bread & Life, a food pantry and mobile soup kitchen. I was honored to serve on the Board of Directors

and many other Sisters have volunteered in all aspects of the organization, from serving food to leading sing-alongs to bring some joy to the daily meals. Many are still involved, and Sister Marie Sorenson is currently the Associate Executive Director. She helps bring physical and spiritual nourishment to hundreds of people.

**Holmes County, MS** - Nearly half of the residents live below the poverty line and families struggle to get by. Sister Sheila Conley works with young adults to hone their resume and interview skills to find employment and create hope for the future. She and the other sisters run a mentorship program with employers, and provide funding for vocational school training.

Retirement Communities - Halifax, NS & Wellesley Hills, MA - Sisters in our retirement communities continue to hear the cries of the poor and respond to the call of those in need. While "retired," many Sisters continue their ministry as volunteers. Whether welcoming immigrants, furnishing a newcomer's first home, sewing dresses, or knitting mittens for charity, creating paintings for fundraisers or prayer ministry, the Sisters are active in their communities.

**After-School Programs - Halifax, NS** — Our Charity Alive program funds various community organizations who provide sanctuary through after-school programs with snacks and safe places for children to play and socialize with others.

Today you can make a difference with your gift to help improve life for those in need.

Here are examples of how a little goes a long way. Your gift of:

- \$50.00 provides pantry staples and fresh produce for an entire week.
- \$250.00 provides 10 bags of groceries to families in need.
- \$1000.00 provides 1000 hot meals to individuals who are homeless or food insecure.

Your kind generosity provides valuable gifts to those in need. Please join us in this ministry.

We are grateful for your support,

Sister Margaret Mary Fitzpatrick

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Congregational Leader